

# Daoism

**Name of god (if any) :**

No god

**Beliefs:**

*The Dao = The Way;                      The Dao guides all things*

*Goal is to live in harmony with nature and its rhythms*

**Founder (if any):**

*All creatures live in harmony with this force except for humans*

*Humans have to learn to live in harmony with nature and with inner feelings*

*Laozi (or Lao Tzu)*

*Each person must find own individual path*

**Holy Book or writings:  
(if any)**

*Don't try to change things; just accept them*

*Dao de Jing*

*No involvement in government*

*No arguing about good and bad ("The Story of the Daoist Farmer")*

**Where practiced:**

*China*

*Yin/Yang: forces that interact with each other, complementing each other, ever changing and evolving, sort of balancing each other*

Yin	Yang
Black	White
Slow	Fast
Soft	Solid/hard
Passive	Active/aggressive
Wet	Dry
Water	Fire
Earth	Sky
Moon	Sun/light
Female	Male
Cold	Hot/warm
Night	Day
Dark	Bright
Destruction	Creation